

The logo consists of the letters 'NLNL' in a bold, rounded, green font. The letters are slightly irregular, giving it a hand-drawn or stencil-like appearance. The 'N's and 'L's are connected at the top and bottom, creating a continuous shape.

NLNL

NO LIGHTS NO LYCRA

**BECOMING
AN NLNL
AMBASSADOR**

INFORMATION SHEET

**LITTLE NO
LIGHTS**

**At the heart of
No Lights No Lycra (NLNL)
is the belief that
everyone can dance.**

NLNL is a global dance community providing an inclusive and non-judgmental place for people to explore this notion. NLNL brings people together to experience freedom of self-expression and joy.

As an Ambassador for NLNL we are putting our faith in you to maintain the integrity of NLNL and uphold our core values.

CORE VALUES NO LIGHTS NO LYCRA IS:

- a friendly, non-judgmental, drug and alcohol free atmosphere.
- a place where everyone is a dancer.
- an inclusive community.
- a safe place to dance freely with no one watching.
- a place to explore self expression through movement.
- a place to exercise at your own pace.
- a time to dance independently in the company of others.
- a community that promotes health and well being through dance.

CODE OF CONDUCT / RULES NO LIGHTS NO LYCRA:

- is always a drug and alcohol free event.
- is an inclusive event, open to all ages, genders, backgrounds and demographics.
- provides equal access for everyone and this must be reflected in the cost. (Price must be agreed on in writing with NLNL Head office.)
- is an event that occurs in a dimly lit room.
- encourages SAFE DANCE PRACTICES.
 - adequate lighting for safe visibility
 - dancing individually without physical contact [ie. no contact dancing involving weight bearing]
 - clean, dry and safe floor surfaces
 - first three tracks should be warm up pace
 - play cooling down music at the end of the class to encourage stretching.

Becoming an Ambassador

To become an Ambassador for NLNL and run a night in your city you will need to agree to the conditions in the NLNL Licence Agreement. The Licence Agreement is there to protect the core values and the integrity of NLNL. As an Ambassador you will become part of the global community of NLNL, with your night promoted on our website and access to the monthly NLNL Ambassadors' Forum.

YOUR ROLE AS AN AMBASSADOR:

- To run a regular NLNL dance night in your area that upholds and promotes the core values of NLNL.
- To agree to the conditions in the NLNL Licence Agreement
- To uphold the NLNL Code of Conduct.
- To stay in regular communication with NLNL Headquarters.
- To fill out The Weekly Dancing Table
- To be an active member of our global online NLNL community and take part regularly in our monthly Ambassadors Forum.

*The license agreement entitles you as an Ambassador to run one weekly dance session per week. If you want to run multiple sessions in your community this will require an additional license agreement to be signed.

What you receive as an NLNL Ambassador

- A starter pack – including detailed starter manual on how to run a successful NLNL night, with FAQs and a playlist guide.
- Press kit
- Promotion of your NLNL night on our website through social networks and a monthly newsletter.
- ongoing support and advice from the NLNL headquarters in Melbourne.
- access to the monthly NLNL Ambassadors' Forum – a space to share ideas, music.
- A licence to use the NLNL logo and branding for the weekly dance night.
- Access to NLNL playlists through Spotify.
- In addition to receiving support from the NLNL head office you will be connected with other Ambassadors both in your country and around the world.

One day we hope to bring all our Ambassadors together for an annual NLNL conference!!!

Our aim is to help get your NLNL night up and running by supporting you in any way we can - so please send any questions our way, we're more than happy to answer them.

We really look forward to sharing NLNL with you and the joy it has brought to our lives!

Ambassador Licence Fees

Start up Fee: (AUD) \$200
Quarterly Fee : \$150
Total of \$600 per year

Annual registration fee goes towards administration costs and the upkeep of the NLNL website.

Weekly Fee

There is no weekly fee when running a Little No Lights however we do ask that you fill in the Weekly Dancing Table so we can track your numbers.

Weekly Dancing Table

A link to this form will arrive in your inbox every week.
It is a requirement of the licence agreement that you fill out one form for every NLNL session you run.



Ambassador username:

Session date:

No. of dancers:

Entry fee (please enter in AUD and only include numbers, no currency symbols.):

Submit